

# MADYSS Matters

September 2018 No.149

## Birthday Greetings

- Kay Kennedy
- Ann Pape
- Gary Yearsley

Our best wishes to each of you for a Happy Birthday.

## Social Events

### Canal Boat Trip Report by Val and Allan Bush

On Monday 6 August at 11.00 am, a total of 12 MADYSS members boarded the narrow boat 'Mary Sunley 2' at its mooring on the Macclesfield Canal in Higher Poynton. After we set off, we started to see some wildlife in addition to what we had brought with us. Ducks in abundance and the odd heron, but no crocodiles, alligators, sharks, whales or dolphins (next time perhaps?). We also passed a number of old mills, including the Goyt Mill on the edge of Marple golf course.

Regrettably, Gary Yearsley couldn't come with us as he'd nearly worked himself to death the previous week and needed a well-earned rest (poor old man!). However, Tina came along to keep everyone in line from the pointed end of the narrow boat.



After a gentle cruise of about two hours without an attack by pirates, we reached Marple where the Macclesfield Canal meets the Peak Forest Canal and where Monica and Liz hopped off to pick up

pre-ordered fish, chips and mushy peas, which we ate after turning around to start our return journey to Higher Poynton, where we arrived at around 3.00 p.m. Everyone expressed their enjoyment of a wonderful afternoon in the peace and tranquillity of our green and pleasant county.



*Liz, no longer a lady who lunches but who brings lunch!*

## MADYSS Holiday

There will be a meeting straight after the Flower Pot meeting on 10 September for those members going on the Isle of Wight holiday. If you will not be at the Flower Pot, please call Monica Meah on 01625 428951 to obtain the holiday details.

## Seek and Ye Shall Find

### Report on Treasure Hunt and BBQ by Monica Meah

Ian and I, together with our family, enjoyed taking part in the Treasure Hunt on Sunday 19 August. We filled two cars. We all loved the adventure of exploring the 'unknown' (to us) Derbyshire countryside and looking for all the clues and answering (nearly) all the questions.

We liked parking up and exploring Longnor and Hartington – extensively! Filling in our answers we then headed back to the farm where we had started out from, looking forward to the BBQ. We were all ready for our food by this time.

Once back there, we savoured a feast and enjoyed each other's company. The results were announced – 'It is the taking part that counts!' Chocolate prizes were awarded to the deserved winners. The children drew the raffle tickets and prizes were received. It was a wonderful time of exploration, family, friendship and food. A special thanks to Steph and Kay Evans for organising it, and to Anthony and Sharon for hosting us at their magnificent farm at the foot of The Roaches.



*Enjoying the BBQ after the treasure hunt*

Kay has informed MADYSS Matters that the hunt, a thoroughly enjoyable day, raised £163; other donations have taken the total to £200. When the money raised from the Bollington concert that Steph organised is combined with the Treasure Hunt, the amount is £1,033. Fantastic news!

## Back to our Roots

Thank you to Kay Evans for sending the text below about how the group was set up and explaining why several participants were made Honorary Members recently.

Our stroke group was originally the brainchild of Ann Pape and her colleague who saw the need for a younger group in our area. They settled on The Flower Pot because it was accessible. They managed to access a small amount of funding with which to provide platters of sandwiches and then invited stroke survivors to join them once a month to start a support group.

When it was established, Ann and her colleague then stepped back and persuaded my late husband John Evans to take it on. He then set up the first Committee with Tina and Gary Yearsley and a few other survivors who eventually left us or

moved on. It was that first Committee who came up with our name, MADYSS, which the (then small membership) approved.

## New Home for the Bench

The MADYSS bench, given in memory of our founder John Evans, is now in its new location at the Flower Pot pub. The bench had been in the Stroke Ward garden at Macclesfield hospital but when the ward closed, Kay Evans took it home until it could be re-situated elsewhere.

You may recall from an old newsletter that assistance to renovate the bench had been requested. We are pleased to report that George Higginson has done a marvellous job in sanding down, varnishing and generally rejuvenating the bench. He has also made a small table to go with it (see photo). Never mind Bob the Builder, we have George the Joiner! Following the August Flower Pot meeting, the bench was officially welcomed to its new home by Kay.



*Kay cuts the ribbon on the bench; the table that George made is in front.*

## Research Project

Prof Craig Smith at Salford Royal NHS and the University of Manchester are leading research to look at improving how stroke survivors look after their oral care on leaving hospital. They will invite 15 stroke survivors for a 1-hour interview in their own homes, which will be audio recorded. A further interview if agreed by both parties may follow. If you could volunteer, please advise Ike.

**The next Flower Pot meeting is on  
Monday 10 September**

### MADYSS Committee

**Ike Karnon (Chairman) 01260 273969; Michael Fleming (Deputy Chairman) 01625 426879; Thelma Farrell (Treasurer) 01625 431043; Yvonne Smith (Membership Secretary) 01260 274479; Liz Leech (Fundraiser) 01260 252479; Judy Fleming (Administrative Secretary) 01625 426879; Monica Meah (Activities Organiser) 01625 428951; Kay Evans (Activities Assistant) 01625 574330; Julie Karnon (Greetings Cards) 01260 273969**